

*Peachford BHS of Atlanta
Adolescent Program School Year Schedule*

Time	Monday	Tuesday	Wednesday	Thursday	Friday		Time	Saturday	Sunday
7:15-7:45	Wake-up/Get Dressed/vitals						8:10-8:30	Wake-up/Meds	
7:45-8:15	Breakfast						8:30-9:00	Breakfast	
8:15-8:30	Medications/Vitals						9:00-9:30	Meds/Showers	Meds/Goals
							9:30-9:45		Gym
8:30-9:30	Goals Group—What do you want to accomplish today?						9:45-10:15	Goals Group	Showers
9:30-11:30	School		10:00- 11:00 CD Group				10:15-10:30		
Noon-12:30	Lunch						10:30-10:45	Break	CBT
							10:45-11:30	Happy Tails	
							12:00-12:30	Lunch	
2:30-1:00	Gym						12:30-1:00	Meds/Clean up	
1:00-1:15	Medications/Freshen up						1:00-2:00	Visitation	
1:15-2:00	Group Therapy						2:15-3:00	Visiting Processing	Expressive Therapy
2:00-2:15	Snack Time						3:00-3:45	Group	Group
2:15-3:00	CBT	CD group/CBT	CBT	CBT	CBT/Insight		3:45 – 4:30	Psycho-Ed	Visiting Processing
3:00-3:30	Journaling								
3:30-4:30	Expressive Therapy	Expressive Therapy	Qi Gong/Yoga	Expressive Therapy	Expressive Therapy		4:30-5:00	Dinner	
4:30-5:00	Dinner						5:15-6:00	Therapeutic Games	Movie
5:00-5:45	Recreation						6:15-7:00	CBT	
5:45-6:15	Showers						7:15-7:45	Wrap-up	
6:15-7:00	Study Hall/Journaling						7:45 – 8:30	Journaling	
7:00-8:00	Coping Skills	Visitation	Coping Skills	Visitation	Movie		8:30-9:30—phone Calls		
8:00-8:30	Wrap up	Visit process	Wrap up	Visit Process	Movie		10:00	To Rooms/Showers	
8:30-9:30	Phone Calls						10:30	Lights Out	
9:30	To Rooms/Showers								
10:00	Lights Out								

1/9/2009
Parenting Class Tuesdays 5:30 to 7pm Next Step (Conference Center)

**Happy Tails
1st & 3rd Mondays