

PEACHFORD BEHAVIORAL HEALTH SYSTEM of ATLANTA

FEMALE STABILIZATION UNIT

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY	
7:30a	Wakeup/Sharps/Vitals	Wakeup/Sharps/Vitals	Wakeup/Sharps/Vitals	Wakeup/Sharps/Vitals	Wakeup/Sharps/Vitals	8:00a	Vitals	Vitals	
8:00a	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	8:15a	Breakfast	Breakfast	
9:00a	Medications	Medications	Medications	Medications	Medications	9:00a	Medications	Medications	
10:00a	Community/Goals Group (Nursing)	Community/Goals Group (Nursing)	Community/Goals Group (Nursing)	Community/Goals Group (Nursing)	Community/Goals Group (Nursing)	9:30a	Group Therapy (Social Services)	Group Therapy (Social Services)	
11:15a	Group Therapy (Social Services)	Group Therapy (Social Services)	Group Therapy (Social Services)	Group Therapy (Social Services)	Group Therapy (Social Services)	10:00a	Goals Group	<u>10:15a</u> Spiritual Group Sm Aud.	<u>10:30a</u> Expressive Therapy
						11:00a	Stress Mgmt Group		
								Meds Education (Nursing)	
12:15p	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	12:15p	LUNCH	LUNCH	
1:00p	Medications	Medications	Medications	Medications	Medications	1:00p	Medications	Medications	
						1:00p	VISITATION	VISITATION	
1:45p	Time for 1:1/Family Therapy/Journaling	Meds Education (Nursing)	Time for 1:1/Family Therapy/Journaling	Time for 1:1/Family Therapy/Journaling	Time for 1:1/Family Therapy/Journaling	2:00p	Meds Education	Women's Group (Social Services)	
2:30p	Expressive Therapy	Expressive Therapy	Expressive Therapy	Expressive Therapy	Expressive Therapy				
4:00p	Orientation/Check-In Group	Orientation/Check-In Group	Orientation/Check-In Group	Orientation/Check-In Group	Orientation/Check-In Group	3:00p	12-Step Group	4:30p 12-Step Group	
5:00p	Medications	Medications	Medications	Medications	Medications	5:00p	Medications	Medications	
5:15p	DINNER	DINNER	DINNER	DINNER	DINNER	5:15p	DINNER	DINNER	
6:00p	Sharps	Sharps	Sharps/ 6:30p VISITATION	Sharps	Sharps	6:00p	Sharps	Sharps	
8:00p	Wrap-Up Group (Nursing)	12-Step Meeting	Wrap-Up Group (Nursing)	Wrap-Up Group (Nursing)	Wrap-Up Group (Nursing)	8:00p	Wrap-Up Group (Nursing)	Wrap-Up Group (Nursing)	
9:00p	Medications	Medications	Medications	Medications	Medications	9:00p	Medications	Medications	
10:00p	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	10:00p	Bedtime	Bedtime	