

# PEACHFORD BEHAVIORAL HEALTH SYSTEM OF ATLANTA

Name: Adult FEMALE Unit Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up
7:15	Vitals/ Self Inventory	Vitals/ Self Inventory	Vitals/ Self Inventory	Vitals/ Self Inventory	Vitals/ Self Inventory	Vitals/ Self Inventory	Vitals/ Self Inventory
7:30	Sharps	Sharps	Sharps	Sharps	Sharps	Sharps	Sharps
7:55	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30	Medications	Medications	Medications	Medications	Medications	Medications	Medications
9:00	Sharps Check In	Sharps Check In	Sharps Check In	Sharps Check In	Sharps Check In	Sharps Check In	Sharps Check In
9:15	Orientation/ Goals Group (Day Room)	Orientation/ Goals Group (Day Room)	Orientation/ Goals Group (Day Room)	Orientation/ Goals Group (Day Room)	Orientation/ Goal Group (Day Room)	Orientation/ Goals Group (Day Room)	Orientation/ Goals Group (Day Room)
10:00	Discharge Planning	Discharge Planning	Discharge Planning	Discharge Planning	Discharge Planning	Group Therapy	Spiritual Group/ Gratitude/ Journaling
11:20	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:00	Medications	Medications	Medications	Medications	Medications	Medications	Medications
1:00	Group Therapy	Expressive Therapy	Expressive Therapy	Group Therapy	Group Therapy	Recreation	Process Group
2:15	Expressive Therapy	Group Therapy	Group Therapy	Expressive Therapy	Expressive Therapy	2:00-3:00 Visiting	2:00-3:00 Visiting
4:00	Step I Group/ Psych Ed	Step I Group/ Psych Ed	Step I Group/ Psych Ed	Step I Group/ Psych Ed	Step I Group/ Psych Ed	Step I Group/ Psych Ed	Coping Skills
5:00	Medication	Medication	Medication	Medication	Medication	Medication	Medication
4:45/ 5:00	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
6:30	Reflection	Reflection	6:30-7:30 Visiting	Reflection	Reflection	Reflection	5:30 AA Meetings ET/Happy Tails
7:00				12-Step Meetings/ Psych Ed			12-Step Meetings/ Psych Ed
8:00	12-Step Meetings/ Psych Ed	12-Step Meetings/ Psych Ed	12-Step Meetings/ Psych Ed		12-Step Meetings/ Psych Ed	12-Step Meetings/ Psych Ed	
9:00	Medications	Medications	Medications	Medications	Medications	Medications	Medications
9:30	Wrap up Group	Wrap up Group	Wrap up Group	Wrap up Group	Wrap up Group	Wrap up Group	Wrap up Group
11:00	Bedtime	Bedtime	Bedtime	Bedtime	12:00 Bedtime	12:00 Bedtime	11:00 Bedtime